

Homemade Granola Bars

Ingredients:

- 2 cups quick cooking oats
- 1 cup almond, cashew, or peanut butter
- ½ cup sliced almonds
- ½ cup mini chocolate chips
- ¼ cup honey (more if needed)
- Salt and cinnamon, to taste

Instructions:

- 1. Combine oats, nut butter of choice, almonds, chocolate chips, and honey in a medium-sized bowl.
- 2. Stir to combine. Add more honey if needed to hold shape. Season with salt and cinnamon, to taste.
- 3. Line an 8x8 pan with parchment paper, allowing extra to extend over the edges. Press mixture into the pan.
- 4. Place pan in the freezer, until firm.
- 5. Remove paper from pan, then cut into 6 rectangles.
- Wrap each bar individually with parchment paper or plastic wrap. Store in the refrigerator or freezer.





