

Take a

Be Kind Break™ 

K-2nd
Grade

be encouraging



Language Arts

The **Be Kind Pledge** lists 10 skill sets of kindness. This month we are focusing on **Be Encouraging**.




kind

I pledge to

- Be Encouraging
- Be Supportive
- Be Positive
- Be Helpful
- Be Honest
- Be Considerate
- Be Thankful
- Be Responsible
- Be Respectful
- Be a Friend

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What does ENCOURAGING mean?

The dictionary says to encourage means to give support, confidence, or hope to someone or something.

When you are encouraging, you are cheering someone on. Maybe they are struggling and need some additional help or support. Or maybe they are doing a great job and you want to cheer them on!

When you are encouraging, you are comforting and reassuring.

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Sports Professionals

This month, Moose will be teaching us about what it means to Be Encouraging to others and you will be honoring sports professionals.

Discussion Questions:

First, use a graphic organizer and brainstorm ideas using these 2 questions:

- List different jobs in the sports industry.
- As a class, how many different sports can you think of?
- What does it mean to Be Encouraging and what words can you say to encourage your friends?

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Encouraging Coaches

First, have a quick discussion on what coaches do for a living, how they help others, and how they are positive influences on others. Your teacher can talk with you about how coaches can be inspiring and help others reach their goals in life and in the sports they play.

Use these questions to help you talk about what coaches do:

- *What is a coach of a sports team?*
- *How do coaches encourage players from young ages all the way up to professional sports players?*

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Moose loves to play sport and do puzzles. Try this fun activity as a class to make a life-size puzzle.

1. Your class will need a large poster board or butcher paper.
2. Write the words “Be Encouraging” in the middle of the large paper.
3. The teacher will draw puzzle cut outs on the paper and make sure there are puzzle pieces for each person in the class.
4. When making the giant puzzle, each student will draw a picture about sports, coaches, or being encouraging.
5. Then, cut out all of the puzzle pieces and allow students to present their puzzle piece to the class.
6. Finally, piece the puzzle back together.

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Academic Standards & References

CCSS.ELA.LITERACY.K-2.R.1
CCSS.ELA.LITERACY.K-2.R.4
(Informational Text)
CCSS.ELA.LITERACY.K-2.R.7
(Informational Text)
CCSS.ELA.LITERACY.K-2.R.1
(Foundational Text)
CCSS.ELA.LITERACY.K-2.R.3
(Foundational Text)
CCSS.ELA.LITERACY.K-2.R.4
(Foundational Text)
CCSS.ELA.LITERACY.K-2.W.2
CCSS.ELA.LITERACY.K-2.W.5
CCSS.ELA.LITERACY.K-2.W.8
CCSS.ELA.LITERACY.K-2.SL.1
CCSS.ELA.LITERACY.K-2.SL.4
CCSS.ELA.LITERACY.K-2.SL.5
CCSS.ELA.LITERACY.K-2.SL.6
CCSS.ELA.LITERACY.K-2.L.1
CCSS.ELA.LITERACY.K-2.L.2


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