

Take a

Be Kind Break™

be a friend

K - 2<sup>nd</sup>  
Grade



Language Arts

The **Be Kind Pledge** lists 10 skill sets of kindness.  
This month we are focusing on **Be a Friend**.

A black rectangular graphic with a blue border. At the top is the 'Be Kind' logo (a heart above a stylized 'iB'). Below it is the word 'kind' in a colorful font. Underneath is the text 'I pledge to' followed by a bulleted list of 10 kindness skills.

I pledge to

- Be Encouraging
- Be Supportive
- Be Positive
- Be Helpful
- Be Honest
- Be Considerate
- Be Thankful
- Be Responsible
- Be Respectful
- Be a Friend



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## What does BE A FRIEND mean?

A friend can be someone who is your ally, shares common interests, or works with you.

When you are a friend, you support and sympathize with the other person.

Being friendly is being cheerful and welcoming, but this is just one part of being a friend. A true friend goes beyond being nice or pleasant – he or she wants what is best for the other person.



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## Friends and Family

Hello everyone, and Happy February!

This month, you'll be learning about what it means to **Be a Friend** to others. You will also get to honor families and see how important they are in your community.

Amavi loves spending time with his family and friends. As a class, create two different graphic organizers:

- On the first graphic organizer, brainstorm ideas on what it means to be a friend. Feel free to use pictures and words in your brainstorming.
- On the second graphic organizer, draw pictures and words about what it means to be a family. What is important to you in your family? How does your family support each other?



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### Friends and Family Puppet Show

Next, Amavi has a fun writing and art craft activity to complete.

1. First, write down or sketch a picture of your friends and family members.
2. Next, think of a short story about the people in your family.
3. Then, using craft supplies, such as popsicle sticks, pipe cleaners, paper, spoons, and construction paper, create the people in your family.
4. Lastly, Amavi would like you to share your craft, either in small groups or with the whole class and present your story like a puppet show.
5. Have fun sharing about your family as your classmates get to know more about you and your family. You can even talk about some of the fun activities you get to do with other family members.





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## Academic Standards & References

CCSS.ELA.LITERACY.K-2.R.1  
CCSS.ELA.LITERACY.K-2.R.2  
CCSS.ELA.LITERACY.K-2.R.1  
(Foundational Skills)  
CCSS.ELA.LITERACY.K-2.W.3  
CCSS.ELA.LITERACY.K-2.W.4  
CCSS.ELA.LITERACY.K-2.SL.1  
CCSS.ELA.LITERACY.K-2.SL.4  
CCSS.ELA.LITERACY.K-2.SL.5  
CCSS.ELA.LITERACY.K-2.SL.6  
CCSS.ELA.LITERACY.K-2.L.5a



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