

Take a

Be Kind Break™

be positive

3rd\_5th  
Grade



STEAM

The **Be Kind Pledge** lists 10 skill sets of kindness.  
This month we are focusing on **Be Positive**.



kind

I pledge to

- Be Encouraging
- Be Supportive
- Be Positive
- Be Helpful
- Be Honest
- Be Considerate
- Be Thankful
- Be Responsible
- Be Respectful
- Be a Friend

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## What does POSITIVE mean?

The dictionary says positivity is the state of being optimistic.

When you are positive, you are constructive rather than skeptical, tending towards progress or improvement.

Positivity is a choice that you make throughout the day. When you are positive, you affect those around you and make the world a brighter place.

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## Basking in the Sunlight

Mela and her friends, Moose and Amavi, talking about how they spent their holidays with their families. They are enjoying the cool outdoor weather, but they are excited that spring is around the corner. In the spring, Mela loves gardening, hiking, and barbecuing!

### Classroom Discussion

- ❖ What was your favorite part of the holidays?
- ❖ What are your goals for the new year?
- ❖ What are you excited to do this spring?



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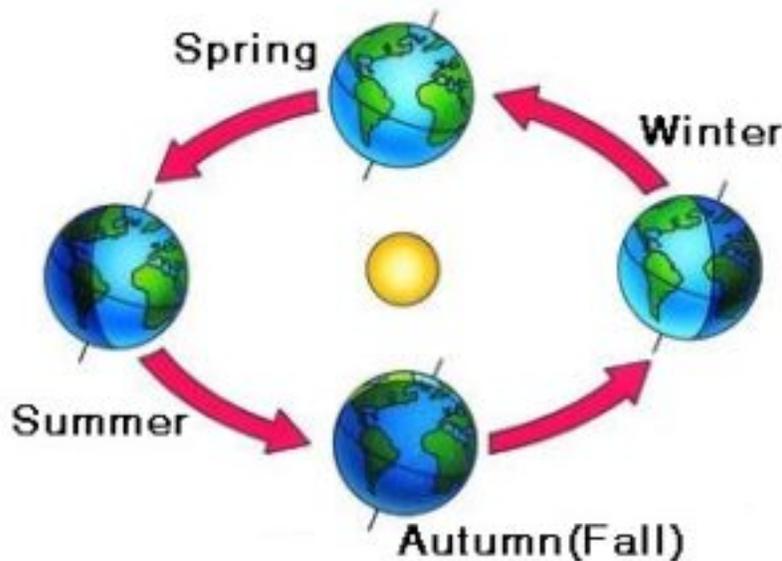
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## Different Reasons for the Seasons

The reason we have different seasons varies on the rotation of the Earth as it revolves around the sun. The Earth is tilted on an axis as it moves around the sun, which means the side of the Earth that's closest to the sun during its rotation will have a warmer weather! Here's a look at the seasons for North America!



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## Classroom Activity

Look at the weather report for the different countries below and write down what the weather is like for that country (temperature, sunny or cloudy, etc.). Then as a class, discuss what season that country would be in this January (Spring, Summer, Fall, or Winter).

- ❖ Canada
- ❖ Sweden
- ❖ New Zealand
- ❖ Tanzania
- ❖ Laos
- ❖ Uruguay

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## Academic Standards & References

PS3.B: Conservation of Energy and Energy Transfer - Sunlight warms Earth's surface. (K-PS3-1),(K-PS3-2)

ESS2.D: Weather and Climate - Weather is the combination of sunlight, wind, snow or rain, and temperature in a particular region at a particular time. People measure these conditions to describe and record the weather and to notice patterns over time. (K-ESS2-1)

ESS3.B: Natural Hazards- Some kinds of severe weather are more likely than others in a given region. Weather scientists forecast severe weather so that the communities can prepare for and respond to these events. (K-ESS3-2)

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