

Take a

Be Kind Break™

be considerate

K-2nd
Grade



Social Studies
& Civics

The **Be Kind Pledge** lists 10 skill sets of kindness.
This month we are focusing on **Be Considerate**.

A black rectangular graphic with a blue border. At the top is the 'be kind' logo. Below it, the text 'I pledge to' is followed by a list of 10 kindness skills.

kind

I pledge to

- Be Encouraging
- Be Supportive
- Be Positive
- Be Helpful
- Be Honest
- Be Considerate
- Be Thankful
- Be Responsible
- Be Respectful
- Be a Friend



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What does CONSIDERATE mean?

The dictionary says considerate means being thoughtful of the rights and feelings of others.

When you are considerate, you are not just thinking about yourself. You put others before yourself and you recognize that you are part of a community. You want what is best for everyone or everything around you.

Being considerate means you pay attention to others and think before you speak.



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Rules and Virtues

The skills on the **Be Kind Pledge** are not only skills to practice, they're also virtues that you can put into action everywhere you go. A virtue is a trait that is deemed to be morally good and can promote greatness in a group of people or just one person.

These virtues can be used at your school to create a community of positivity. You can sit quietly and pay attention when your teacher is talking, work together to keep your school clean, or be respectful of others on the playground or in the classroom!

Classroom Discussion

- ❖ How can you practice these skills, or virtues, at school?



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Fact or Opinion?

A fact is something that can be proven true or false with evidence. An opinion is an expression of someone's feelings that cannot be proven. Look at the list below and determine which are facts, and which are opinions!

1. Luna is wearing black pants.
2. Movies are better than books.
3. The sky is blue.
4. Yellow is the best color.
5. A square has four sides.
6. Sunflowers are prettier than roses.



Remember, it's important to be considerate of other's opinions! If someone is sharing something with you, have an open mind and respect their opinion, even if it's different from your own.



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Fact or Opinion Answer Sheet

1. Luna is wearing black pants. - **Fact**
2. Movies are better than books. - **Opinion**
3. The sky is blue. - **Fact**
4. Yellow is the best color. - **Opinion**
5. A square has four sides. - **Fact**
6. Sunflowers are prettier than roses. - **Opinion**



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Academic Standards & References

D2.Civ.7.K-2. Apply civic virtues when participating in school settings.

D2.Civ.10.K-2. Compare their own point of view with others' perspectives.

D3.2.K-2. Evaluate a source by distinguishing between fact and opinion.


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