

Take a

Be Kind Break™ 

6th-8th
Grade

be thankful



STEAM

The **Be Kind Pledge** lists 10 skill sets of kindness.
This month we are focusing on **Be Thankful**.




kind

I pledge to

- Be Encouraging
- Be Supportive
- Be Positive
- Be Helpful
- Be Honest
- Be Considerate
- Be Thankful
- Be Responsible
- Be Respectful
- Be a Friend

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What does THANKFUL mean?

The dictionary says thankful means to be aware and appreciative of a benefit.

When you are thankful, you are grateful. You are aware of what you receive and make the effort to acknowledge this.

You aren't just thankful for things. You could be thankful for an opportunity, a feeling, or a person.

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Happy November!

This month you will learn about being thankful. There is so much to be thankful for. This time of year is great for outdoor activities, time with family, and delicious meals!

What are you thankful for this fall?

Akellz is thankful for the beautiful trees and the colorful leaves that fall to the ground.

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Falling Leaves

Akellz is also thankful for gravity. Without gravity our world would be upside down!

Gravity is the force that attracts a body toward the center of the earth, or toward any other physical body having mass. In a small group, make a hypothesis on the questions below.

1. If you drop a pumpkin and a pencil from the same height, at the same time, which one will hit the ground first?
2. If you drop a pumpkin and a leaf from the same height, at the same time, which one will hit the ground first?

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Did you know?

Provided that there's is no air resistance, the rate of descent depends only on how far the object has fallen, no matter how heavy the object is. This means that two objects will reach the ground at the same time if they are dropped simultaneously from the same height.

Class Discussion

Based on the passage above, discuss the questions below.

3. Does the weight of the object affect how fast the object will fall?
4. Does the air resistance affect how fast the object will fall?

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Academic Standards & References

MS-PS2-4. Construct and present arguments using evidence to support the claim that gravitational interactions are attractive and depend on the masses of interacting objects.

3-PS2-1. Plan and conduct an investigation to provide evidence of the effects of balanced and unbalanced forces on the motion of an object.

3-PS2-2. Make observations and/or measurements of an object's motion to provide evidence that a pattern can be used to predict future motion.

MS-ESS1-2. Develop and use a model to describe the role of gravity in the motions within galaxies and the solar system.


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- Be Respectful
- Be a Friend