

Take a
Be Kind Break 
be thankful

3rd-5th
Grade



STEAM

The **Be Kind Pledge** lists 10 skill sets of kindness.
This month we are focusing on **Be Thankful**.





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What does THANKFUL mean?

The dictionary says thankful means to be aware and appreciative of a benefit.

When you are thankful, you are grateful. You are aware of what you receive and make the effort to acknowledge this.

You aren't just thankful for things. You could be thankful for an opportunity, a feeling, or a person.



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Happy November!

This month you will learn about being thankful. There is so much to be thankful for. This time of year is great for time with your family, friends, and pets.

In small groups or partners discuss the questions below:

1. Do you have any pets?
2. What are your favorite wild animals?
3. How do animals adapt to their surroundings?
4. Do animals form groups to help other animals survive? If so, how?



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Family Time

Akellz is thankful for family time. When Akellz spends time with this family he notices that his mom and grandmother have similar eyes and similar personalities. He also notices that his grandfather is tall, just like his dad. It's clear that his parents have inherited traits from their parents.

This fall Akellz is trying to create a family tree and learn more about his grandparents and great grandparents.





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Family Tree

Take a few minutes to sketch a small family tree. Start with your immediate family and work your way through the branches.

This month Akellz challenges you to talk to your family and continue adding to the family tree. This is a great way to learn more about your family and distant relatives!





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Academic Standards & References

LS2.C: Ecosystem Dynamics,
Functioning, and Resilience

LS2.D: Social Interactions
and Group Behavior

LS4.C: Adaptation

3-LS3-2. Use evidence to
support the explanation
that traits can be influenced
by the environment.

3-LS3 Heredity: Inheritance
and Variation of Traits

