

Take a

Be Kind Break™

be thankful

6th-8th
Grade



Language Arts

The **Be Kind Pledge** lists 10 skill sets of kindness.
This month we are focusing on **Be Thankful**.



kind

I pledge to

- Be Encouraging
- Be Supportive
- Be Positive
- Be Helpful
- Be Honest
- Be Considerate
- Be Thankful
- Be Responsible
- Be Respectful
- Be a Friend

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What does THANKFUL mean?

The dictionary says thankful means to be aware and appreciative of a benefit.

When you are thankful, you are grateful. You are aware of what you receive and make the effort to acknowledge this.

You aren't just thankful for things. You could be thankful for an opportunity, a feeling, or a person.

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Happy November!

We all have so much to be thankful for this month. This month, you will learn about what it means to **Be Thankful** for others and many other different things in your life. You'll have the privilege of honoring military veterans who have served our country in the past and those who are currently serving our country today.

In groups discuss the questions below:

- What does it mean to be thankful?
- What are you thankful for in YOUR life?
- What do veterans do to protect our country?
- How can YOU personally show gratitude and thankfulness to veterans in the military? List some ways.

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News Report

In this class activity, you will pretend that you are a reporter for a newspaper or magazine and you have the opportunity to interview a veteran in the military.

Come up with 10-15 interview questions that you would ask a military veteran. Think about what types of questions and topics that you would be interested in. You can choose to interview a veteran in any military branch (Army, Navy, Air Force, Marines, or Coast Guard). When you're coming up with questions, think about how the questions would help tell the story of the veteran's life and experiences in the military.

After you've written all of the interview questions, practice reading your interview questions with a partner or a group of classmates.

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Veteran's Day Challenge

Veteran's Day is celebrated on Sunday, November 11th. Akellz challenges you to practice being thankful by writing a thank you card to veterans. Think about why you are personally thankful for veterans. Make sure to use some adjectives from your gratitude wall.



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Language Arts

Academic Standards & References

CCSS.ELA.LITERACY.6-8.R.2
(Informational Text)
CCSS.ELA.LITERACY.6-8.R.4
(Informational Text)
CCSS.ELA.LITERACY.6-8.W.3
CCSS.ELA.LITERACY.6-8.W.4
CCSS.ELA.LITERACY.6-8.SL.1
CCSS.ELA.LITERACY.6-8.SL.2
CCSS.ELA.LITERACY.6-8.SL.4
CCSS.ELA.LITERACY.6-8.L.1
CCSS.ELA.LITERACY.6-8.L.3



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