

Take a

Be Kind Break™ 

3rd-5th
Grade

be thankful



Language Arts

The **Be Kind Pledge** lists 10 skill sets of kindness.
This month we are focusing on **Be Thankful**.



kind

I pledge to

- Be Encouraging
- Be Supportive
- Be Positive
- Be Helpful
- Be Honest
- Be Considerate
- Be Thankful
- Be Responsible
- Be Respectful
- Be a Friend

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Language Arts

What does THANKFUL mean?

The dictionary says thankful means to be aware and appreciative of a benefit.

When you are thankful, you are grateful. You are aware of what you receive and make the effort to acknowledge this.

You aren't just thankful for things. You could be thankful for an opportunity, a feeling, or a person.

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Happy November!

November is a great month to celebrate our thankfulness for others.

This month, you will learn about what it means to **Be Thankful** for others and many other different things in your life. You'll have the privilege of honoring military veterans who have served our country in the past and those who are currently serving our country today.

First, discuss these questions with a neighbor.

1. What do you know about the military?
2. How many military branches can you name?

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Language Arts

Military Branches

As a class, discuss what you know about the military and the different military branches.

- Army
- Navy
- Air Force
- Marines
- Coast Guard

Next, use adjectives to describe the people that serve in the military. Adjectives are words that describe a noun. Write these words on the board. Try to think of as many positive adjectives as you can, such as brave, courageous, & sacrificial.

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Gratitude Wall

Akellz loves to show gratitude using art. A gratitude wall can be used to recognize and honor a certain person or group of people. As a class, create a gratitude wall that honors those who have served or currently serve in the military.

Let's get started!

1. First, cut out a star on a piece of construction paper or cardstock.
2. Next, write an adjective from the board that describes military veterans.
3. Place this star on a bulletin board with the title "Thank You Veterans".

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Veteran's Day Challenge

Veteran's Day is celebrated on Sunday, November 11th. Akellz challenges you to practice being thankful by writing a thank you card to veterans. Think about why you are personally thankful for veterans. Make sure to use some adjectives from your gratitude wall.



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Academic Standards & References

CCSS.ELA.LITERACY.3-5.R.1
(Informational Text)
CCSS.ELA.LITERACY.3-5.R.3
(Informational Text)
CCSS.ELA.LITERACY.3-5.R.4
(Foundational Text)
CCSS.ELA.LITERACY.3-5.W.1
CCSS.ELA.LITERACY.3-5.W.4
CCSS.ELA.LITERACY.3-5.W.8
CCSS.ELA.LITERACY.3-5.SL.1
CCSS.ELA.LITERACY.3-5.SL.2
CCSS.ELA.LITERACY.3-5.L.1d
CCSS.ELA.LITERACY.3-5.L.3



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