

Take a

Be Kind Break™

be supportive

6th -8th
Grade



Social Studies
& Civics

The **Be Kind Pledge** lists 10 skill sets of kindness.
This month we are focusing on **Be Supportive**.



I pledge to

- Be Encouraging
- Be Supportive
- Be Positive
- Be Helpful
- Be Honest
- Be Considerate
- Be Thankful
- Be Responsible
- Be Respectful
- Be a Friend

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What does **SUPPORTIVE** mean?

The dictionary says to support means to “hold up” or to give strength, courage and approval.

When you offer help or are there for someone, you are being supportive.

You can help strengthen your friendships by supporting your friends to give them the power they need to push through anything!

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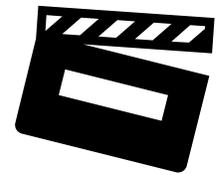
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Be Supportive of New Ideas

One of Ivory's favorite things to do on Friday nights is spend time at pop-up art shows. A pop-up art show is an event with many different artists such as painters, jewelry makers, and musicians who want to share their passions with the community. As an artist himself, he loves to listen to music from smaller bands and support the local art scene. Some of the greatest artists like Frida Kahlo, Georges-Pierre Seurat, Leonardo DiCaprio, and even Oprah Winfrey had to break stereotypes and overcome great challenges to achieve success as artists. No one knew who these celebrities were early on in life and many people told them that they weren't good enough to become famous.

Without the support from family, friends, and industry professionals who believed in them, many artists would not be where they are today. Everyone has talents and passions so it is important to support our peers and their abilities. Sometimes it takes one supportive friend to push someone to continue following their dreams.

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Self Reflection

Take some time to answer these questions alone.

1. What are you passionate about? What talents do you have?
2. How can you support your peers and their dreams?
3. What do you need to feel supported in pursuing your dreams?
4. Think of your role model. What have they had to overcome to achieve success?
5. What are three words to describe your role model?
6. How do you think society, government, or even financial conditions shaped the abilities of your role model?
7. What motivates you?

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Strengthen Your Creativity

In interviews, almost everyone from sports stars to musicians have a motivation or inspiration to keep them going. Many times people are inspired by nature, art, or words that have changed their perspective on life. As we strengthen our bodies and minds it is important to exercise your creativity and develop your talents.

This month, Ivory challenges you to support creativity in your community (including your friends) and encourage them to keep creating. By looking around your community and supporting one another, you might find the inspiration for your next poem or discover a new hobby. Ivory challenges you to be supportive and change the world!

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Academic Standards & References

D2.Civ.6.6-8 Roles of Civic and Political Institutions
D2.Civ.10.6-8. Personal Interests and Society
D2.Civ.14.6-8. Social Change
D2.Eco.7.6-8. Impact of Innovation
D2.His.2.6-8. Historical Events as Examples of Change
D2.His.3.6-8. Generating Questions to Analyze Historical Developments
D2.His.4.6-8. Factors Impacting Perspectives
D2.His.5.6-8. Changing Perspectives
D2.His.6.6-8. Impact of Perspective on Developing History



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