

Take a

Be Kind Break™ 

3rd\_5th  
Grade

be respectful



Social Studies  
& Civics

The **Be Kind Pledge** lists 10 skillsets of kindness.  
This month we are focusing on **Be Respectful**.



**kind**

I pledge to

- Be Encouraging
- Be Supportive
- Be Positive
- Be Helpful
- Be Honest
- Be Considerate
- Be Thankful
- Be Responsible
- Be Respectful
- Be a Friend

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### What does RESPECTFUL mean?

The dictionary says showing respect is the act of giving attention, thought, gratitude or admiration to someone.

When you are respectful you recognize and appreciate others for who they are.

It is being aware of how you treat yourself and others, and doing so with kindness.

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## Respecting Different Generations

During her free time, Alix likes to respect and explore different environments like the desert and the forest. As she looks up to the tall Saguaro cacti, she thinks about how long they have been growing near the mountain. When she visits Colorado, she also wonders about the tall trees.

Did you know that trees in the forest keep track of their age as they grow? They do this by something called growth rings. When a tree is cut down, we can see approximate how old it is by counting the number of rings from the inside to the outside of the bark. Each ring represents one year of growth. It is kind of like measuring how tall you are each time you visit the doctor's office.

There are some trees still alive in California that are said to be 5,000 years old! It is important to protect and respect these trees because they have such a rich history. Without the older trees, we wouldn't have clean air. Without the younger trees, future generations wouldn't have clean air. Both are important!

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### **Respecting Different Generations (continued)**

It's important to respect our earth and our friends and family. A generation is a group of people who were born around the same time and have similar life experiences. Everyone is valuable and contributes something to society.

During the winter season, Alix likes to practice being respectful to people of all generations. To respect people younger than her, Alix is careful to be quiet when her baby niece is sleeping. To respect people her age, Alix likes to spend time with her cousins and encourage them to be the best version of themselves. To respect people older than her, Alix likes to listen to the advice from her grandparents and help her parents with the dishes.

There are many ways to be respectful to people of all ages. Each generation of people has value and unique perspective. Just like the value in young and older trees, there is a lot to learn from both younger and older people.

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### Critical Thinking

There are four trees in the park across from Alix's house. The ages of the trees are 18 years, 27 years, 45 years, and 48 years. Use the clues and the table to help Alix find the age of each tree!

Clues:

- The maple tree is planted beside the oldest tree.
- The pine tree is not the youngest tree.
- The oldest tree has the shortest name.
- The youngest tree is planted across from the maple tree.
- The second youngest tree never has leaves.

	18 years	27 years	45 years	48 years
Maple				
Pine				
Birch				
Oak				

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### Critical Thinking Answers

This table is completed by a process of elimination.

	18 years	27 years	45 years	48 years
Maple		X		
Pine			X	
Birch	X			
Oak				X

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## Academic Standards & References

Common Core Standards and College and Career Readiness

D2.Civ.6.3-5. Benefits of Working Together

D2.Civ.10.3-5. Identifying Beliefs

D2.Geo.5.3-5. Cultural and Environmental Change

D2.Geo.6.3-5. Environmental Change and Population Distribution

D3.1.3-5. Gathering Relevant Information

D3.4.3-5. Use Evidence to Develop Claims

CCSS.MATH.CONTENT.5.OA.B.3  
Analyzing Patterns and Relationships



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