

Take a

Be Kind Break™



3rd-5th
Grade

be respectful



STEAM

The **Be Kind Pledge** lists 10 skillsets of kindness.
This month we are focusing on **Be Respectful**.



kind

I pledge to

- Be Encouraging
- Be Supportive
- Be Positive
- Be Helpful
- Be Honest
- Be Considerate
- Be Thankful
- Be Responsible
- Be Respectful
- Be a Friend

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What does RESPECTFUL mean?

The dictionary says showing respect is the act of giving attention, thought, gratitude or admiration to someone.

When you are respectful you recognize and appreciate others for who they are.

It is being aware of how you treat yourself and others, and doing so with kindness.

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Be Respectful of the Earth

One of Alix's favorite subjects in school was ecology because she loves to learn about the earth and ecosystems. An ecosystem is a specific area where plants, animals, and lots of organisms work together to support their environment. In her science class, she also learned about biomes. A biome is a group of similar ecosystems that have similar characteristics.

There are 7 total land biomes on the planet including the desert, taiga, rainforest, grasslands, savannah, temperate forest, and tundra. Each biome has unique plants, animals, temperatures, and people to the area.

Did you know that there are many cultures represented in each biome? For example, the frozen tundra biome is named after the Finnish word "tunturi" which means treeless and barren land. The tundra biome is very far North in both Europe and the North America. This is why there is representation from both Nordic culture (seen in Finland) and Inuit culture (seen in Canada).

It is important to show respect to all the plants, animals, and of course people that live in each biome.

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Exploring the Land Biomes

1. **Desert:** located throughout the Middle East as well as parts of Africa, dry and very hot with animals like coyotes and scorpions
2. **Tundra:** the frozen biome located very far North and South, extremely cold with animals like polar bears and caribou
3. **Grasslands:** also called prairies are located through the USA, moderate temperatures with animals like turkeys and snakes
4. **Savanna:** most popular in Africa, warm temperatures with a rainy and dry season; include animals like lions and meercats
5. **Taiga Forest:** located between the tundra and temperate forest, coldest forest with animals like bears and hawks
6. **Temperate Forest:** located throughout Europe, moderate temperatures with animals like deer and raccoons
7. **Rainforest:** located around the equator, very warm and wet with animals like monkeys and leopards

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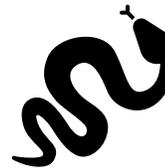
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Discussion Questions

1. Can you name all 7 land biomes?
2. What biome do you live in?
3. Which is the coldest biome?
4. Which biome is found near the equator, is very humid, and green?



Get Creative!

Alix's two favorite biomes are the taiga and rainforest. She often imagines that she is climbing mountains in the taiga or taking pictures of tropical butterflies in the rainforest. It is time for you to get creative and draw your favorite biome! Think about the plants, animals, temperature, and people that exist in that biome.

Use the descriptions of the 7 land biomes to help you but make sure to use your imagination. How does the air feel? What do the leaves feel like? Can you see any animals?

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Academic Standards & References

Common Core Standards and College and Career Readiness

3-LS2 Ecosystems: Interactions, Energy, and Dynamics

4-LS1-1 From Molecules to Organisms: Structures and Processes

D2.Civ.10.3-5 Differing Cultural Practices

D2.Civ.14.3-5 Changing Societies

D2.Geo.1.3-5 Familiar and Unfamiliar Regions

D2.Geo.3.3-5 Cultural and Environmental Characteristics

D2.Geo.4.3-5. Cultural Impact on Environment

D2.Geo.6.3-5 Culture and Specific Regions

D2.Geo.8.3-5 Humans and Natural Resources



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