

Take a

Be Kind Break™



3-5th
Grade

be respectful



Language Arts

The **Be Kind Pledge** lists 10 skillsets of kindness.
This month we are focusing on **Be Respectful**.



I pledge to

- Be Encouraging
- Be Supportive
- Be Positive
- Be Helpful
- Be Honest
- Be Considerate
- Be Thankful
- Be Responsible
- Be Respectful
- Be a Friend

Take a

Be Kind Break™

be respectful

3-5th
Grade



Language Arts

What does RESPECTFUL mean?

The dictionary says showing respect is the act of giving attention, thought, gratitude or admiration to someone.

When you are respectful you recognize and appreciate others for who they are.

It is being aware of how you treat yourself and others, and doing so with kindness.

Take a

Be Kind Break™

be respectful

3-5th
Grade



Language Arts

Happy October!

This month, you're going to learn about what it means to **Be Respectful** and what that looks like for you. Alix will also be helping you honor a group in our community that does so much to help others. We will be honoring people who work in public transportation. They help people get to where they need to be every day.

As a class, discuss the answers to these questions and write down all your ideas and thoughts on the classroom board or a large piece of paper.

Discussion Questions:

What kinds of jobs are in Public Transportation?

Have you ever been on any form of public transportation? If so, what?

*How can you **BE RESPECTFUL** to people who work in public transportation?*

Take a

Be Kind Break™



be respectful

3-5th
Grade



Language Arts

Train Engineers

Alix loves riding the Amtrak train down the California coast. Have you ever been on a train before or know someone who has been on a train? If so, what was it like?

The first working railway train was built more than 200 years ago. Why were trains so important many years ago? How are train important today?

Use books from the library or a computer to look up what a train engineer does for his/her job. Write down 5-10 facts about what a train engineer does. What are the different things they do each day in their job? How can they help others in their job? How you can be respectful to train engineers?



Take a

Be Kind Break™

be respectful

3-5th
Grade



Language Arts

Group Activity

In groups of 3-4 people, share your notes and write a poem about being a train engineer. Use the ideas that you wrote down when doing your research about train engineers. Be sure to write at least 4 lines. Include what they do in their job daily and the importance of train engineers and trains in your community.

Have fun with your poem and try to make it rhyme.

Speaking and Listening Activity

After you have finished your poems, each group can share their poem with the class. After all the poems have been shared and read, as a class, you can talk about the importance of being respectful to others.

Take a

Be Kind Break™



be respectful

3-5th
Grade



Language Arts

Academic Standards & References

Common Core Standards and College and Career Readiness

CCSS.ELA.LITERACY.3-5.R.2
CCSS.ELA.LITERACY.3-5.R.4
(Foundational Skills)
CCSS.ELA.LITERACY.3-5.W.3
CCSS.ELA.LITERACY.3-5.W.4
CCSS.ELA.LITERACY.3-5.W.8
CCSS.ELA.LITERACY.3-5.SL.1
CCSS.ELA.LITERACY.3-5.SL.2
CCSS.ELA.LITERACY.3-5.SL.4
CCSS.ELA.LITERACY.3-5.L.2
CCSS.ELA.LITERACY.3-5.L.3



kind

I pledge to

- Be Encouraging
- Be Supportive
- Be Positive
- Be Helpful
- Be Honest
- Be Considerate
- Be Thankful
- Be Responsible
- Be Respectful
- Be a Friend



kind

the be kind people project™